

Republic of the Philippines REGIONAL NUTRITION COMMITTEE MIMAROPA



RNC Resolution No. 1, s. 2020

SEEKING SUPPORT FROM RDC MIMAROPA TO REQUEST ALL LOCAL GOVERNMENT UNITS IN THE REGION TO PROVIDE HEALTHY AND NUTRITIOUS FOOD PACKS DURING DISASTERS, CALAMITIES AND PUBLIC HEALTH EMERGENCIES

WHEREAS, the Philippines, particularly the MIMAROPA Region, with its geographical location, is generally prone to natural emergencies such as earthquakes, volcanic eruptions, tropical cyclones and floods;

WHEREAS, with the current situation, the National Government has declared the COVID-19 outbreak as a Public Health Emergency throughout the country on March 8, 2020, and the entire Luzon was placed under enhanced community quarantine (ECQ);

WHEREAS, during the implementation of the ECQ, the supply chain across the country was affected since households' access to goods and services are significantly limited;

WHEREAS, during calamities, disasters and public health emergencies, food supply and nutrition of individuals are affected due to the limited access and availability of nutritious foods:

WHEREAS, the nutritional status of vulnerable groups, infants, children, pregnant women and breastfeeding mothers, elderly, and indigenous peoples, are at high risk during calamities, disasters and public health emergencies;

WHEREAS, the National Nutrition Council, through its Nutrition Cluster, aims to prevent worsening or deteriorating the nutritional status of affected population especially infants, young children, and women during calamities, disasters and public health emergencies;

WHEREAS, in March 2020, the National Nutrition Cluster released Advisory No. 1, s. 2020, titled "Nutrition Cluster Guidelines on LGU Nutrition Actions Relative to COVID-19," followed by Advisory No. 2, s. 2020, titled "Nutrition Cluster Recommendations on Healthful and Nutritious Family Food Packs and Sustainable Food Sources";

WHEREAS, the local government units (LGUs) are taking actions in providing food assistance to their constituents and some successfully initiated the inclusion of local fresh produce in their food packs while giving assistance to their local farmers;

WHEREAS, patronizing the fresh produce directly from the small farmers, fisherfolks, and cooperatives within the communities would protect and promote the local economy;

WHEREAS, farm products are highly nutritious and beneficial in strengthening the human immune system;

WHEREAS, there is a need to ensure that food packs being provided during calamities, disasters and public health emergencies meet the nutritional needs of the

individuals specifically those who are nutritionally vulnerable to prevent undernutrition, illness, and death;

NOW THEREFORE, BE IT RESOLVED AS IT IS HEREBY RESOLVED, to seek support from the Regional Development Council MIMAROPA to request all LGUs in the region to provide healthy and nutritious food packs during disasters, calamities and public health emergencies through the following:

- Inclusion of local fresh produce like fruits, vegetables, root crops, legumes/beans/seeds, egg, meat/poultry/fish or pasteurized fresh milk in the family food packs by buying fresh produce items directly from the small farmers and cooperatives within the community;
- Limitation of donations of foods high in fats, sugar and/or salt unless healthier food alternatives are not accessible;
- 3. Inclusion of recipes to make food donations a more nutritious dish; and
- 4. Inclusion of food items which are adequately fortified with vitamin A, iron or iodine or those with Sangkap Pinoy Seal.

RESOLVED FURTHER, that the provincial, city, and municipal nutrition action officers to coordinate with their local nutrition clusters the importance of healthy food packs and monitor the delivery of nutritious food items in their community;

RESOLVED FURTHER, that the LGUs to adopt the resolution and pass local issuances or ordinances or in support to the policy through appropriate coordination and funding;

RESOLVED FINALLY, for the National Nutrition Council Secretariat to monitor and to ensure the full implementation of this resolution.

Unanimously approved this 19th day of June 2020 during the Regional Nutrition Committee meeting held in Quezon City.

Attested by:

MA. EILEEN B. BLANCO, RND, MPA Regional Nutrition Program Coordinator OIC, National Nutrition Council MiMaRoPa Secretariat, RNC MiMaRoPa

Approved by:

DIRECTOR MARIO S. BAQUILOD, MD, MPH. CESO IV

Regional Director Department of Health MiMaRoPa